

new zealand gardener moon calendar

How to assemble your moon calendar

1. Print out both pages in this PDF.
2. Cut out the circular wheel on page 2.
3. Laminate both pieces if desired.
4. Line up the circular wheel to fit inside the white area on this page.
5. Punch out the centre holes and attach the wheel with a brass paper fastener (from stationery suppliers).
Or pin moon calendar to a noticeboard and press a drawing pin or tack through the centre.
6. At the start of each month, rotate the wheel to align the new moon symbol with the date of the new moon.



Note: the numbers inside the dark green circle on this page correspond to the calendar dates of each month.

WHAT IS LUNAR GARDENING?

The moon's gravitational pull is said to affect plants in much the same way as it affects the ocean's tides, increasing sap flow and drawing moisture up in the soil. The full and new moons are roughly a fortnight apart, however these dates will not always align perfectly on this moon calendar (some months the moons are 15-16 calendar days apart). For exact dates and times of the new and full moons each month, see the Royal Astronomical Society of New Zealand's website: www.rasnz.org.nz. Thanks to the Riverton Environment Centre (www.sces.org.nz) for help compiling this moon calendar.

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